

CANMORE ENDURO



PRESENTED BY

steedz
E N D U R O


BICYCLE CAFE

LOCATION

Canmore Nordic Centre, Canmore, AB

Sunday Registration Location: Stadium Area behind the Main Lodge

Parking Address: Canmore Nordic Centre

***IMPORTANT NOTE** – You will need to purchase a Kananaskis Day Pass (\$15.75) to park at the Canmore Nordic Centre. If you don't already have the annual pass, you can purchase the single day pass by using the following link:

<https://conservationpass.alberta.ca/kcp>

Trailhead Info: leaving right from registration tent in the stadium area.

IMPORTANT

- Racers must be self-sufficient. Please carry a small toolkit, spare tubes and some form of inflation device (pump or CO2)
- All bikes must have a functioning front and rear brake.
- All bikes must be in a good operational state that is capable of competing in the event.
- **ALL RACERS OVER 18 MUST CARRY BEAR SPRAY – NO BEAR SPRAY = NO RACING!** The Nordic Centre has made it a requirement for us to check all racers before heading out on course.

EVENT SCHEDULE

Departure Time is the time DEPARTING from registration/staging area **NOT** your stage start time.

****Sunday, July 24th, 2022 - Race Schedule****

- 7:30 am** Registration Opens - Meet at registration tent (behind the main lodge)
- 8:15 am** Course Medics Meeting
- 8:30 am** Mandatory race briefing for all racers (at registration/staging area)
Racers will DEPART in waves by category as noted below
- 8:45 am** Open men – Wave 1 (40 Racers)
- 9:20 am** Open men – Wave 2 (40 Racers)
- 9:30 am** Open Women (start on stage 5)
40+ women (start on stage 5)
U21 women (start on stage 5)

- 9:40 am** Open men – Wave 3 (Remaining Racers)
U21 men
U15 men
- 10:00am** 40+ men
- 3:30 pm** Awards
- 5:00 pm** Post Race Beer Gardens and BBQ Closes

NOTE:

- ***ALL WOMEN CATEGORIES will ride stages in the order – 5, 4, 1, 2, 3, 6***
- *All other categories stage order – 1, 2, 3, 4, 5, 6*
- ***TIMING TAGS NOT HANDED IN BY 3:30pm WILL LEAD TO AUTOMATIC DISQUALIFICATION***
- ***ANY LOST TIMING TAGS OR TAGS NOT RETURNED WILL INCUR ADDITIONAL FEES AS DETERMINED BY ZONE4 TIMING (Approx. \$75)***

FEED STATION

There will be a feed station by the Jump Park area that is accessible to racers at about the ½ way point of the transfer/liaise route to the start of stage 4 or on route to Stage 1 for all Women Racers .

The feed station will include products from Xact Nutrition, along with some fruit, water, and snack type food. If you have dietary constraints, allergies or other food related requirements it is expect that you will carry your required food with you at all times and have enough to complete the race as necessary.

TRAINING/COURSE INSPECTION

Racers are encouraged to pre-ride on Saturday July 23rd, 2022. Please ride accordingly and within your abilities as the event will not have medics on site this day.

IMPORTANT: All trails are open to multiple different recreational user groups, please be courteous to others when riding the trails prior to and on race day.

ABSOLUTELY NO TRAINING ON COURSE, HIKING OR WALKING OF THE COURSE AFTER THE FIRST WAVE OF RACERS HAVE DEPARTED FROM THE REGISTRATION/STAGING AREA ON RACE DAY – IF YOU ARE CAUGHT DOING THIS YOU WILL BE IMMEDIATELY DISQUALIFIED.

COURSE INFORMATION

The official course will be released on our [event webpage](#) on the **evening of Friday July 22nd, 2022**. The link can also be found in the bio of the Steedz Enduro Instagram Account (@steedzenduro).

PROTECTIVE EQUIPMENT

HELMETS ARE MANDATORY AT ALL TIMES, including while climbing.

Helmets must have been purchased within the past three years and have no signs of cracking dents or other damage.

Full face helmets are strongly encouraged for all racers, especially those under 21, but are not mandatory.

Knee and elbow pads are strongly encouraged.

Proper footwear must be worn at all times while out on the course – no open toed shoes, sandals or flip-flops will be permitted.

APRES SOCIAL

A BBQ/Beer Garden will be by the registration/staging area immediately following the event. Each racer will receive a coupon for 1 post race hot dog, pasta salad and drink (beer or pop).

ACCOMMODATIONS

The best accommodations can be found at [Tourism Canmore](#).

THANK YOUs

A special thanks to [Bicycle Café Canmore](#) and the [Steedz Enduro Mountain Bike Team](#) for putting on the race, with additional props to our event sponsors:

[Santa Cruz](#) | [Juliana](#) | [The Inside Line](#) | [Rebound Cycle](#) |
[Xact Nutrition](#) | [Canmore Brewing Company](#) |
[Specialized Canada](#) | [Backcountry Research Straps](#) |
[Strait and Narrow](#) | [We Are One](#) | [Ridley's Cycle](#)

CONTACT US

For Athlete inquiries or general questions please contact:

Race Director - Marcus Henry - steedzenduro@gmail.com